TEAM APPLICATION FORM

Rowley Cup Challenge

Calling all high school runners!

ROWLEY

Crystal Run Healthcare presents…

CLASSIC 10K

The Orange County Race Weekend

JUNE 4 & 5, 2016

CLASSIC 10K • ROWLEY 5K • CLASSIC MILE • JUNIOR CLASSIC • HEALTH EXPO

Each June, the Rowley and Rivenburgh Families sponsor the Rowley Cup Challenge for high school teams that compete in the Rowley 5K road race (3.1 miles). The Rowley 5K is held in conjunction with the Classic 10K on Sunday, June 5th starting at 8:30 AM.

There are two Rowley Cups: one is awarded to the best men's team and the other is awarded to the best women's team. After their names are added to the trophy, each of the winning teams gets to take the Rowley Cup for display at their high school for the year following their victory.

☐ MEN ☐ WOMEN

High School

Team Contact Phone

1. Team Member Name

2. Team Member Name

3. Team Member Name

4. Team Member Name

5. Team Member Name

Directions:

1. Teams are five members with the top three scoring. Use this sign-up sheet to identify the team members whose times will count towards the Rowley Cup Challenge.
2. Times of the top three runners from each team will be added together to determine the winners. Teams are limited to a maximum of 5 members.
3. More than one team may enter from each school; use a separate application form for each team.
4. Either mail this form before May 31 to 81 Pine Court, Middletown, NY 10941 or bring it with you to registration on the race weekend.
5. All team members must register individually for the Rowley 5K.
6. To register, go to www.classic10k.com/registration.html and either: 1) register online or 2) download an application form and mail it with your check (directions and fees are on the application).

More information about the race weekend, the 5K course and registration packet pick-up, can be found at www.classic10k.com or by calling 845-692-9225.