A world class event takes world class partners!

Crystal Run Healthcare

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Enlarged City School District of Middletown

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Something Sweet Café

Fluffy Pupps

Frank's Custom Shoe-Fitting

Winner's Bracket

Classic 10K • 81 Pine Court • Middletown, NY 10941

CLASSIC 10K REGISTRATION FORM

REGISTER ONLINE: www.classic10k.com

Crystal Run® Healthcare
presents

CLASSIC 10K

The Orange County Race Weekend

JUNE 1 & 2, 2019

CLASSIC 10K • ROWLEY 5K • JUNIOR CLASSIC • HEALTH EXPO

Saturday June 1st 2019
Junior Classic - Events start at 9:00 a.m.
Thunderbolt Mile - 9:45 a.m.
Rod Dixon's KiDsMarathon Finish
The Final Mile - 10:00 a.m.

Sunday June 2nd 2019
Classic 10K - 7:30 a.m.
Rowley 5K Race & Walk - 8:30 a.m.
Community Health Expo - 8:00 a.m. -12:00 p.m.
Nick's Restaurant Breakfast - 9:00 a.m.

Come out and join the community for a weekend of healthy activity, great food and free gifts.

For more information & online registration, visit www.classic10k.com AND "The Classic 10K Road Race Weekend" on **facebook**

USATF Sanctioned Certified Event

2017 SANCTIONED EVENT

orange runners club

REGISTER ONLINE: www.classic10k.com

REGISTRATION FORM

Use this form to register for the CLASSIC 10K and the Rowley 5K.
To register for the Junior Classic go to www.classic10k.com and download the Junior Classic Registration Form. Please do not use this form to register for the Junior Classic.

EVENT: ☐ Classic 10K ☐ Rowley 5K
Sunday, June 2nd, 7:30 a.m. **Sunday, June 2nd, 8:30 a.m.**

_____ | _____
Last Name | First Name

_____ | _____
Address | Apt. #

_____ | _____
City | State | Zipcode

(_____)
Phone Number

_____
E-mail Address

AGE ON RACE DAY Male ☐ Female ☐

T-shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL

FEE

Classic 10K & Rowley 5K: **$25** if postmarked by 5/10/19
$30 after 5/10/19 and on Race Day

Amount Enclosed: [_____] Please make check payable to: Classic 10K

WAIVER (MUST BE SIGNED): I know and understand that participating in an event of The Classic 10K Road Race Weekend is a potentially hazardous activity, and that baby joggers, bicycles, skateboards, rollerblades, animals and radio headsets are not allowed in the events. I should not enter, enroll or participate unless I am medically able and properly trained. I agree to abide by any decision of a race/event official relative to my ability to safely complete an event. I assume all risks associated with participating in The Classic 10K Race Weekend activities including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my application, I, for myself and anyone entitled to act in my behalf, waive and release The Classic 10K Road Race, Inc., its directors and officers, event vendors, race/event officials, volunteers and sponsors, their representatives and successors, from all claims of liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

_____ | _____
Signature of Participant | Date

_____ | _____
Signature of Parent/Guardian: IF ATHLETE/PARTICIPANT IS UNDER AGE 18 | **Date**
This is to certify that I have read the above Waiver, my son/daughter/child for whom I am responsible has my permission to participate in The Classic 10K Road Race Weekend event(s), is in good physical condition and that race/event officials have my permission to authorize emergency treatment, if necessary.

Cut along dotted line and mail this registration form along with your check to:
Classic 10K • 81 Pine Court • Middletown, NY 10941.
The Classic 10K Road Race, Inc. is not responsible for lost, late or misdirected applications. There are NO REFUNDS.

RACE INFORMATION

39th Annual Classic 10K Road Race • June 1 - June 2, 2019

Course: Start on Gardner Ave., run through the City of Middletown and finish in the Middletown High School Stadium. Junior Classic events are held on the Middletown High School Olympic Track.

Race Start: Classic 10K • Sunday, June 2nd • 7:30 a.m.
Rowley 5K • Sunday, June 2nd • 8:30 a.m.
Junior Classic • Saturday, June 1st • 9:00 a.m.

Early In-Store Registration & Packet Pickup: May 24th - May 30th at 5pm, at Frank's Custom Shoe-Fitting 329 Route 211 East, Middletown, NY
call 845-692-9226 • www.shoe-fitter.com

Race Weekend Registration & Packet Pickup: Middletown High School Stadium
There is no registration on Friday, May 31st.
Saturday, June 1st, 8 a.m. - 12 p.m.
Sunday, June 2nd, 6:30 a.m. - 8 a.m.
2019 Classic 10K TECH T-shirt guaranteed to all pre-registered by 5/10/19.
Build your own "Green Goody Bag" – first come, first served.

Scoring: The Classic 10K will use the **Chronotrack Live** electronic scoring system, **including real time mobile on-line results via social media apps! Your number bib must not be folded and must face forward or you will not be scored.**

Awards:

Classic 10K (6.2 miles) Medals 3 deep in 13 age divisions and $6,600 in Prize Money.

Men and Women Overall		Men and Women Masters (40 and over)	
1st place	**$1,000.00**	1st place	**$300.00**
2nd place	**$900.00**	2nd place	**$200.00**
3rd place	**$800.00**	3rd place	**$100.00**

Rowley 5K (3.1 miles)
Trophies for 3 top finishers overall and medals 3 deep in 13 age divisions (male and female).

JUNIOR CLASSIC: Saturday June 1st at 9:00 a.m. **FREE!**
Under the able guidance of Middletown High School track and cross country coach George Shurter, the Junior Classic Races are held on the track.

Age group races for all kids up through Middle School:
Age 5 & Under: 50 Meters
Age 6 and Over: 100 Meters, 200 Meters, 400 Meters, 800 Meters and the Mile Run

Junior Classic Entry Form: Visit www.classic10k.com/junior.html for an entry form.

ROD DIXON'S KiDs MARATHON FOUNDATION

Obesity among children has more than tripled since the Classic began in 1981. Rod Dixon's KiDsMarathon Foundation and the Classic Team and its Community Partners are committed to reversing this trend by offering children the opportunity to enjoy the benefits of running and healthy programs for youth. For more information, go to: www.kidsmarathonfoundation.org

TRAINING

Now retired Middletown High School distance coach, Wayne Beam, began the "Eight Week" Beam Team training program for the classic in 2001. The training runs on the Classic 10K course will continue during the eight weeks leading up to the Classic. The first training run in April 7. Training runs begin at **8** a.m. at MHS.

RACE CHALLENGES FOR 2019

Middletown Triple Challenge -
We are proud to be a part of, and fully support the Middletown Triple Challenge: The Classic 10K Weekend + the YMCA "Ruthie Run" 5K + the Run 4 Downtown.

MIDDLETOWN TRIPLE CHALLENGE
CLASSIC 5K/10K

Stuff The Bus Challenge - For more information go to" www.classic10k.com

DIRECTIONS:

Middletown High School - From Exit 120 on Rt. 17, take Rt. 211W towards Middletown 0.8 miles, then left onto Carpenter Ave. Proceed on Carpenter about 0.4 miles to the high school entrance on the right.

From… NYC: I-87N to exit 16, Rt. 17W to exit 120.
Albany: I-87S to exit 17. I-84W to exit 4W. Rt. 17W to exit 120.
Binghamton: Rt. 17E to exit 120W.
CT: I-84W to exit 4W. Rt. 17W to exit 120.
PA: I-84E to exit 4W. Rt. 17W to exit 120.
NJ: 17N to I-87N to exit 16. 17W to exit 120.

Classic 10K Post Race Party and Awards Ceremony at MHS
Food will be served beginning at 9:00 a.m. The awards ceremony begins at 10:00 a.m. **The entire community is invited to the Finish Line Party. Food brought to you by Nick's Pizza & Restaurant,** 61 State St., Otisville, NY, 845-386-2222.

TO SEE THE COURSE AND GET ADDITIONAL INFORMATION GO TO WWW.CLASSIC10K.COM