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10K a tradition

for spectators

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TEEN PREGNANCY RATES PLUMMET Early counseling programs credited PAGE 5



Hundreds of runners start the Crystal Run Healthcare Classic 10K on Sunday in Middletown. Eliud Ngetich, a 23-year-old Kenyan living in Santa Fe, N.M., won the race. [ALLYSE PULLIAM FOR THE TIMES HERALD-RECORD]

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SPORTS

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Long ball hurts Yanks in loss