

TEAM ANDREW STRONG & THE CLASSIC 10K WEEKEND

Here's how you can help!

Volunteer

Volunteers are needed "to man the Team Andrew Strong booth" on both Saturday morning June 4 from 8 AM until 11 AM and Sunday morning June 5 from 7 AM (Contact susan.vandemark@ecsdm.org) If you would like to volunteer, please fill out the form below and return it to Susan Vandemark.

-) Your Name
-) Your Address
-) Your Phone
-) Your Email

Participate

Run and/or Walk in the 10K or 5K on Sunday June 5. The 36th Annual Crystal Run Healthcare Classic 10K starts promptly at 7:30 AM. The 11th Annual Rowley 5K starts promptly at 8:30 AM. You need to enroll. Go to www.classic10K.com to register for the Classic. Classic Entry Fee is \$30. The Classic Team will donate \$10 of each participant's entry fee to Elizabeth Deaver.

-) Your Name
-) Your Address
-) Your Phone
-) Your Email

Donate Money

This is flat donation. Can be any amount! Please make the check payable to Elizabeth Deaver

-) Your Name
-) Your Address
-) Your Phone
-) Your Email
-) Amount contributing

Pledge Dollars through Classic Participation

A separate pledge form is attached to this page. Ask family and friends to donate an amount per mile of either the 10K (Six Miles) or 5K (Three Miles). Collect the dollars before or after (whichever works) and give to Susan Vandemark. Checks written should be made out to Elizabeth Deaver.