## 1983 WINNER of the

# New York City Roc Dixon Marathon TRACK AND FIELD LEGEND, COACH, PHILANTHROPIST, EDUCATOR, MOTIVATIONAL SPEAKER

## **Kuhl's Highland House** Wednesday, November 7, 2018

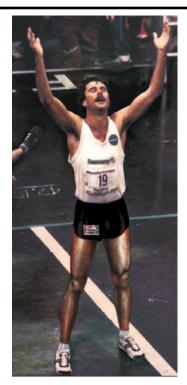
To benefit the Charities of the Classic 10K

5:30 p.m. - Cocktails

6:00 p.m. - Dinner and Charity Presentations

7:00 p.m. - Rod Dixon Speech





## **Rod Dixon Career Highlights & Personal Bests**

- Born July 13, 1950 in Nelson, New Zealand
- Represented New Zealand in 1972 Olympics in Munich, 3rd Place, 1500 Meters
- 800 Meters 1:47.6
- 1972 Inaugural IAAF World Cross Country Championships, 3rd Place
- 1500 Meters 3:33.89, Christchurch, NZ, 1974, Commonwealth Games
- Mile 3:53.62 Stockholm 1975
- 3000 Meters 7:43.46 Cologne 1976
- 3000 Meter Steeplechase 8:29
- Two Mile 8:14.4 Oslo 1979
- 5000 Meters 13:17.27 Stockholm 1976
- 10000 Meters 28:11.0
- Half Marathon 1:02:12 Philadelphia
- 1980 Falmouth Road Race Champion
- Virginia Ten Miler, Champion 1980, 1981, 1983, his 1981 win is still the course record 46:50
- 1982 IAAF World Cross Country Championships, 11.978 KM, 3rd , 34:01 (ten years after his first 3rd place finish)
- During the 1970's, Dixon was ranked #1 in the world at a time when other top runners: John Walker, Jim Ryun, Kip Keino, Steve Scott, Frank Shorter, and Bill Rodgers were also grabbing headlines
- LA Olympic Games, 10th in the Marathon, 2:12:57
- 1982 & 1983 Bay to Breakers Champion
- 1982 ranked the #1 road racer in the USA
- 1982 Orange Classic 10K, Middletown, NY, 2nd
- 1983 NYC Marathon Champion, 2:08:59
- 1984 Orange Classic 10K, Middletown, NY, 3rd
- 1991 for his 4:02 Mile, he was recognized by Runner's World as the World's Most Versatile Runner

### MEET ROD DIXON

For 17 years, Rod Dixon was one of the best runners in the World. He is an Olympic Medalist, two time world cross country championship medalist, and the 1500 meter champion of the USA, France, Great Britain, and New Zealand. And, to this day, in the 1983 New York City Marathon remains one of the most dramatic finishes the event has ever seen.

Today, Rod is a passionate advocate of the worldwide children's health and fitness movement. He knows that kids around the world are not the physical exercise and nutrition they need. It is Rod's goal to bring the KIDSMARATHON program to thousands of children around the world, so they can experience the true value (and fun!) of exercise and nutrition, and develop positive life-long habits.

SIGN UP:	PHONE:	Mail checks with this form to:
NAME:		Rod Dixon Dinner, c/o Classic 10K P.O. Box 4050, Middletown, NY 10941 or call Frank Giannino at 845-551-8270 to pay with credit card.
EMAIL:		
25 per person • DOLLAR AMOUNT ENCLOSED: _		